

minutes

SHAC-School Health Advisory Committee

2.16.2022

12:02 – 1:06

CISD Boardroom

Facilitator

Tammy Bright

Note taker

Cheri McCullough

Attendees

Tammy Bright, Kim Chance, Bill Allen, Katie Cunningham, Christi Gregory, Lori Johnson, Debbie Reynolds, Glenna Pollock, Sgt. Neal Sandlin, Derek Brewer, Tama Click, Erin Wesson, Hilaria Hernandez, Caroline Kelm, Brook Watson, Maryann Brown, Wendy Elliott, Blair Herzig, Parker Pritchard

Welcome – Tammy Bright

- Tammy Bright welcomed everyone
- Members sat with their sub – committee groups and discussed their assigned topics

Approval of Previous Meeting Minutes

Committee members silently read minutes from November 17, 2021

Glenna Pollock made a motion to approve; Blair Herzig seconded; motion carried.

COVID 19 Update – Tammy Bright

- Case numbers are dwindling
- CISD follows CDC protocol
 - If positive, students are quarantined for 10 days
 - If positive, staff quarantined for 5 days

By- Laws

- Draft to be adopted for 2022-2023 school year

Committee Chair Debrief

minutes

- Health Education
 - Worth the Wait has been taught since 2006; updated in 2011
 - Researched other districts
 - Puberty video in 5th grade for boys; 4th grade for girls
 - Updated Wellness Curriculum to be implemented in 2023-2024 school year
 - Wellness Committee will invite companies to present to SHAC committee
- Parent & Community Involvement
 - Parent engagement (involvement) with student instead of just talking
 - Suggestions:
 - ✓ CISD hike
 - ✓ Wellness walks
 - ✓ Monthly short videos for parents to make dinner as a family
 - ✓ Monthly videos of physical activities to do as a family
- Health Services
 - Things are getting back to normal
 - Dealing with flu, virus type illnesses
- Counseling, Mental Health & Staff Wellness
 - HOPE Squad for grades 6-12; Peer to Peer program
 - CISD has two student support counselors
 - CARE Solace platform helps to connect students and staff with local mental health providers
- Physical Education
 - CATCH materials, lessons and manipulatives for PE teachers
 - Will be changing TEKS next fall
 - Discussions about taking Health TEKS out of PE to maybe counseling
- Nutrition
 - Go, Slow, WOA
 - Lots of nutritional information on the Child Nutrition website
 - Mobile App in the works – pre-order line
 - Food pantry at CHS in the upstairs bar area

MISCELLANEOUS

- February 28th at 6:00 pm, The Tall Cop will be speaking on vaping in the CHS cafeteria